



JKA Scotland Karate Association

Championship Events List

Saturday 28th February 2026

Kata

1. Children's Kata Under 10yrs Boys & Girls All Grades
2. Children's Kata 10 - 12yrs Boys & Girls 10th Kyu to 4th Kyu
3. Children's Kata 10 - 12yrs Boys & Girls 3rd Kyu & up
4. Junior Kata 13 - 15yrs Boys & Girls 10th Kyu to 4th kyu
5. Junior Kata 13 - 15yrs Boys & Girls 3rd Kyu+
6. 16-39 Male & Female Kata 10th Kyu to 4th Kyu
7. 16-39 Male Kata 3rd kyu+
8. 16-39 Female Kata 3rd kyu+
9. 40+ Male Kata All Grades
10. 40+ Female Kata All Grades
11. Team Kata Junior Under 16yrs (3 per team, mixed all grades)
12. Team Kata Senior 16yrs+ (3 per team, mixed all grades)

Kumite

13. Children's Kumite Under 10yrs Boys All Grades Sanbon Kumite
14. Children's Kumite Under 10yrs Girls All Grades Sanbon Kumite
15. Children's Kumite 10-12yrs Boys 10th Kyu to 4th Kyu Sanbon Kumite
16. Children's Kumite 10-12yrs Girls 10th Kyu to 4th Kyu Sanbon Kumite
17. Children's Kumite 10-12yrs Boys 3rd Kyu+ Jiyuu Kihon Ippon Kumite
18. Children's Kumite 10-12yrs Girls 3rd Kyu+ Jiyuu Kihon Ippon Kumite
19. Junior Kumite 13 to 15yrs Boys 10th Kyu to 4th Kyu Sanbon Kumite
20. Junior Kumite 13 to 15yrs Girls 10th Kyu to 4th Kyu Sanbon Kumite
21. Junior Kumite 13 to 15yrs Boys, 3rd Kyu+ Jiyuu Kumite
22. Junior Kumite 13 to 15yrs Girls 3rd Kyu+ Jiyuu Kumite
23. Ladies Cadet Kumite 16 to 17yrs 10th Kyu to 4th Kyu Sanbon Kumite
24. Ladies Cadet Kumite 16 to 17yrs 3rd Kyu+ Jiyuu Kumite
25. Ladies Kumite 18yrs+ 10th Kyu to 4th Kyu Sanbon Kumite
26. Ladies Kumite 18yrs to 39yrs 3rd Kyu+ Jiyuu Kumite
27. Ladies Senior Kumite 40yrs+ 3rd Kyu+ Jiyuu Kumite
28. Men's Cadet Kumite 16 to 17yrs 10th Kyu to 4th Kyu Sanbon Kumite
29. Men's Cadet Kumite 16 to 17yrs 3rd Kyu+ Jiyuu Kumite
30. Men's Kumite 18yrs+ 10th Kyu to 4th Kyu Sanbon Kumite
31. Men's Kumite 18yrs to 39yrs 3rd Kyu+ Jiyuu Kumite
32. Men's Senior Kumite 40yrs+ 3rd Kyu+ Jiyuu Kumite

Important Information

1. All events are subject to alteration or cancellation depending on the number of entries
2. Check that your name has been entered on the official draw sheets on the day of competition
3. Listen to instruction on the day of competition for which area your event will take place
4. Listen for your name being called before each event
5. If you have any problems, please contact your club instructor or a JKA Scotland official as soon as possible.
6. All age groups refer to age of the competitor at the date of the competition

Safety

1. Chest (Female) and Groin (Male) guards are recommended for all competitors
2. Gum shields are mandatory for 3rd Kyu+ kumite events
3. JKA approved hand mitts are mandatory, with some on hand to borrow if required. Please check with your instructor if you are unsure which hand mitts are to be used.

Kata Event Information

1. Flag system will be used to judge until the last 4 competitors
2. Referee will select a kata between Kihon Kata and Tekki Shodan
3. No kata will be selected at or above the competitor's grade. For example, a yellow belt (7th Kyu) can only be asked to perform Heian Nidan or below.
4. Last 4 competitors will be judged using a points system, with each competitor selecting a kata of their choice

Kumite Event Information

1. Sanbon Kumite is 3 attack sparring with only Jodan and Chudan attacks/blocks
2. Jiyuu Kihon Ippon Kumite is 1 attack sparring with each competitor starting from a free style positing. Attacker will announce and slide to distance of the defender before attacking. Jodan, Chudan and Maigeri attacks/blocks.
3. Jiyuu Kumite is free sparring. Each match will follow Shobu Ippon rules, with the exception of the Male Senior final which will be Sanbon Shobu (best of 3 Ippons).

Kyu to Belt List

To help assist with the Kyu grades mentioned in the event list, any Kyu mentioned in the above list will be matched here

- 10th Kyu – White Belt
- 4th Kyu – Purple and White Belt
- 3rd Kyu – Brown Belt